

FFS	MAY 2012				LK PORTIONS
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	<p align="center"><b>MAY 1</b></p> HAWAIIAN BEEF & TURKEY MEATBALLS, 3 EA BRN WHL GRAIN RICE, 1/4 C FRESH BABY CARROTS W/RANCH DIP, 1/4 C FRESH BANANA, 1/2 EA <u><b>TODS AND TWOS</b></u> CARROT COINS	<p align="center"><b>MAY 2</b></p> WHOLE WHEAT PENNE PASTA W/ BOLOGNESE SAUCE, 1/2 C W/ BEEF CRUMBLES, & STEWED TOMATOES STEAMED GREEN BEANS, 1/4 C FRESH APPLE, 3/8 C <u><b>TODS AND TWOS</b></u> CHILLED APPLE SAUCE	<p align="center"><b>MAY 3</b></p> BAKED CHICKEN PARMESAN DICED CHICKEN BRST, MARINARA, MOZZ & PARM CHEESES, 1/2 C CAESAR SALAD W/ ROMAINE DRESSING & PARMESAN, 1/4 C 100% WHOLE GRAIN BREAD, 1/2 SL FRESH ORANGE WEDGES, 2 PCS <u><b>TODS AND TWOS</b></u> 3-WAY HOT MIXED VEGGIE MIXED FRUIT IN JUICE	<p align="center"><b>MAY 4</b></p> CHICKEN BREAST CHUNK BONELESS WING DING, 2 EA W/ KETCHUP DINNER ROLL, 1 EA TOSSED SALAD W/ GREEN LEAF & SPINACH W/ CREAMY RANCH DRESSING, 1/4 C APPLESAUCE W/ FRESH PUREED STRAWBERRIES, 3/8 C <u><b>TODS AND TWOS</b></u> GREEN BEANS	
<p align="center"><b>MAY 7</b></p> CREAMY CHICKEN ALFREDO, 1/2 C PENNE PASTA W/ CREAMY ALFREDO SAUCE & DICED BREAST OF CHICKEN CARROT COINS, 1/4 C CHILLED DICED PEARS, 3/8 C	<p align="center"><b>MAY 8</b></p> CN - WHOLE GRAIN BREADED CHICKEN NUGGETS W CATSUP, 3 EA 100% WHOLE GRAIN BREAD, 1/2 SL GREEN BEANS, 1/4 C FRESH APPLE, 3/8 C <u><b>TODS AND TWOS</b></u> APPLESAUCE	<p align="center"><b>MAY 9</b></p> SALISBURY STEAK W/ LOW SODIUM GRAVY, 1 EA SAVORY MASHED POTATOES, 1/4 C DINNER ROLL, 1 EA PINEAPPLE TIDBITS, 3/8 C <u><b>TODS AND TWOS</b></u> CHILLED DICED PEACHES	<p align="center"><b>MAY 10</b></p> WHOLE WHEAT SPAGHETTI W/ MARINARA MEAT SAUCE, 1/2 C TOSSED SALAD W/ GREEN LEAF & SPINACH W/ CREAMY RANCH DRESSING, 1/4 C FRESH BANANA, 1/2 EA <u><b>TODS AND TWOS</b></u> SWEET TENDER PEAS	<p align="center"><b>MAY 11</b></p> HONEY BBQ DICED CHICKEN BREAST, 1/4 C 100% WHOLE GRAIN BREAD, 1/2 SL 5-WAY HOT MIXED VEGETABLE, 1/4 C FRESH CANTALOUPE, 1SL	
<p align="center"><b>MAY 14</b></p> OVEN BAKED CHICKEN BREAST PATTY SANDWICH, 1 EA ON A ROLL W/ KETCHUP, 1 EA SWEET TENDER PEAS, 1/4 C CHILLED APPLESAUCE, 3/8 C	<p align="center"><b>MAY 15</b></p> MACARONI & CHEESE W/ WHOLE GRAINS, 1/2 C 100% WHOLE GRAIN BREAD, 1/2 SL MIXED VEGETABLE TRIO W/CREAMY RANCH DIP, 1/4 C FRESH BANANA, 1/2 EA <u><b>TODS AND TWOS</b></u> 3-WAY HOT MIXED VEGGIE	<p align="center"><b>MAY 16</b></p> ITALIAN BEEF & TURKEY MEATBALL SUB, 3 EA SUB ROLL, 1/2 EA SHREDDED MOZZARELLA CHEESE, 1/2 OZ GREEN BEANS, 1/4 C CHILLED DICED PEACHES, 3/8 C	<p align="center"><b>MAY 17</b></p> NACHO MEAT, 1 OZ (BEEF CRUMBLES) W/ SHRED CHEDDAR CHEESE, 1/2 OZ CORN TORTILLA CHIPS, 1/4 C FRESH BABY CARROTS W/RANCH DIP, 1/4 C FRESH APPLE, 3/8 C <u><b>TODS AND TWOS</b></u> ROLL / CARROT COINS APPLESAUCE	<p align="center"><b>MAY 18</b></p> BREAKFAST FOR LUNCH !! FRENCH TOAST STICKS W/ SYRUP, 3 EA TURKEY SAUSAGE LINKS, 2 EA FRESH ORANGE WEDGES, 4 PCS <u><b>TODS AND TWOS</b></u> MIXED FRUIT IN JUICE	
<p align="center"><b>MAY 21</b></p> TERIYAKI CHICKEN STRIPS, 3 EA BRN WHL GRAIN RICE, 1/4 C FRESH BABY CARROTS W/RANCH DIP, 1/4 C CHILLED DICED PEARS, 3/8 C <u><b>TODS AND TWOS</b></u> CARROT COINS	<p align="center"><b>MAY 22</b></p> LEAN BEEF HAMBURGER PATTY, 1 EA HAMBURGER ROLL, 1 EA W/ KETCHUP SWEET YELLOW CORN, 1/4 C CHILLED MIXED FRUIT, 3/8 C <u><b>TODS AND TWOS</b></u> MIXED FRUIT IN JUICE	<p align="center"><b>MAY 23</b></p> CHICKEN STRIPS W/ FAJITA SEASONING, 11/2 OZ LO-FAT SHREDDED CHEDDAR , 1/2 OZ ULTRA GRAIN 6" TORTILLA, 1 EA GREEN BEANS, 1/4 C FRESH APPLE, 3/8 C <u><b>TODS AND TWOS</b></u> CHILLED APPLE SAUCE	<p align="center"><b>MAY 24</b></p> TURKEY CORN DOG NUGGETS, 4 EA W/ KETCHUP TOSSED SALAD W/ GREEN LEAF & SPINACH W/ CREAMY RANCH DRESSING, 1/4 C FRESH ORANGE WEDGES, 2 PCS <u><b>TODS AND TWOS</b></u> CHILLED DICED PEARS SWEET TENDER PEAS	<p align="center"><b>MAY 25</b></p> **BAKED ZITI** NO MEAT HAS SOY IN ITALIAN RED SAUCE SMOTHERED IN THREE CHEESES, 1/2 C 5- WAY VEG MEDLEY, 1/4 C ITALIAN BREAD, 1 SL FRESH CANTALOUPE, 1SL	
<p align="center"><b>MAY 28</b></p> <p align="center"><b>MEMORIAL DAY</b></p>	<p align="center"><b>MAY 29</b></p> HAWAIIAN BEEF & TURKEY MEATBALLS, 3 EA BRN WHL GRAIN RICE, 1/4 C FRESH BABY CARROTS W/RANCH DIP, 1/4 C CHILLED DICED PEARS, 3/8C <u><b>TODS AND TWOS</b></u> CARROT COINS	<p align="center"><b>MAY 30</b></p> WHOLE WHEAT PENNE PASTA W/ BOLOGNESE SAUCE, 1/2 C W/ BEEF CRUMBLES, & STEWED TOMATOES STEAMED GREEN BEANS, 1/4 C FRESH APPLE, 3/8 C <u><b>TODS AND TWOS</b></u> CHILLED APPLE SAUCE	<p align="center"><b>MAY 31</b></p> BAKED CHICKEN PARMESAN DICED CHICKEN BRST, MARINARA, MOZZ & PARM CHEESES, 1/2 C CAESAR SALAD W/ ROMAINE DRESSING & PARMESAN, 1/4 C 100% WHOLE GRAIN BREAD, 1/2 SL FRESH ORANGE WEDGES, 2 PCS <u><b>TODS AND TWOS</b></u> 3-WAY HOT MIXED VEGGIE MIXED FRUIT IN JUICE		

Portions meet CACFP requirements for 3 to 5 year olds. All alternates discussed on an individual basis as needed.  
 Specializing in Day Care and School Lunch Programs and Business and Office Luncheons  
 6 oz milk required with each meal

