

MARCH

2023

Happy Home Breakfast and PM Snack Menu

TEL #703 931-1051 website: www.happyhomeclc.com

***SUBJECT TO CHANGE WITHOUT PRIOR NOTICE**

<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
			1 Waffle ½ apple slice , milk PM= Nilla Wafers (4) , orange	2 Cherrios, milk and banana PM= Graham(1) & Celery Sticks with ranch	3 Pancakes, milk and banana PM= Saltine Crackers (4)& American Cheese (1 slice)	4
5	6 Pancakes, milk and banana PM= Graham Crackers (2) & orange slices	7 Nutrigrain Bar and milk PM= ½ cup animal crackers & apple slices	8 Cheese Toast, milk with banana slice PM= (4) Saltines Crackers & American cheese (1 slice)	9 Cherrios, milk and apple PM= ½ cup Gold fish & Applesauce	10 Waffles, milk and oranges PM= (2) Graham Crackers & milk	11
12 Professional Development Week	13 Waffles , orange slice and milk. NO PM SNACK	14 Cherrios ,milk and bananas	15 Pancake, milk and oranges	16 Nurtrigrain bar, milk and ½ apple slice	17 French toast sticks (2), milk & ½ orange slice	18
19	20 Rice Crispies, milk and apple PM= ½ cup Gold fish & Applesauce	21 Nutrigrain bar, milk & banana PM= Ritz Crackers (4) 1 slice of American Cheese	22 Waffle ½ apple slice , milk PM= Nilla Wafers (4) , orange	23 Pancake (1) ½ banana, milk PM= Graham Cracker (2) & ¼ apple slice	24 Cherrios 1 cup, banana slice PM= 4 saltine crackers & apple slices	25
26	27 Pancake, milk & oranges PM= (4) crackers, celery slices with ranch	28 Rice Crispies ,milk and ½ banana PM= Saltine crackers (4) American Cheese (1 slice)	29 Waffles, milk and applesauce PM = ½ cup Cheese-it, apple sauce	30 Cheese toast, milk and pears PM=(4) Nilla Wafer & ½ apple slices	31	