SCHOOLHOUSE GRILL
School Meal Specialist

Happy Home Preschool

March 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
THIS MENU DOES NOT CONTAIN PEANUT OR PEANUT PRODUCTS SHG is an equal opportunity provider.	Fresh or Chilled Fruit: Apples, Cantaloupe, Watermelon, Honeydew, Banana, Oranges	Kid Fav Creamy Mac n' Cheese ½ c Fresh Tossed Mixed Salad ¼ c w/ Creamy Ranch Dressing Veggie: Mac n' Cheese Fresh or Chilled Fruit	Sliced Chicken Fajita 2 oz over Enriched Whole Grain Rice ¼ c w/ Cheddar Cheese Sweet Yellow Corn ¼ c Veggie: Refried Beans Fruit or Chilled Fruit	Classic Cheesy Baked Ziti ½ c Capri Blend Vegetables ¼ c Veggie: Cheesy Baked Ziti Fresh or Chilled Fruit
6	7	8	9	10
Kid Friendly Mild Cowboy Beef Chili ½ c w/ Cheddar Cheese Fresh Green Beans ¼ c Veggie: Kid Friendly Mild Cowboy Veggie Chili w/ Cheddar Cheese; Fresh or Chilled Fruit	“ Breakfast For Lunch ” Jumbo Square Waffles 2 ea w/ Syrup Turkey Sausage Link 1 ea Veggie: Morningstar Breakfast Patty; Fresh or Chilled Fruit	Italian Meatball 3 ea Sub ½ ea Topped w/ Mozzarella Cheese Five Way Blend Hot Mixed Vegetables ¼ c Veggie: Italian Veggie Ball Sub Fresh or Chilled Fruit	Orange Chicken Strips 2 oz w/ Enriched Whole Grain Rice ¼ c Hot Cooked Broccoli ¼ c Veggie: Veggie Orange Chik Strips Fresh or Chilled Fruit	Rainbow Tortellini Pasta Blend w/ Kale Pesto Sauce ½ c Fresh Cucumber Slices 3 ea w/ Creamy Ranch Dip Veggie: Rainbow Tortellini Pasta Fresh or Chilled Fruit
13	14	15	16	17
Whole Grain Breaded Chicken Nuggets 4 ea California Blend Vegetables ¼ c Veggie: Morningstar Chik Nuggets Fresh or Chilled Fruit	Italian Cavatappi Pasta w/ Bolognese (Chicken) Sauce ½ c Sweet Yellow Corn ¼ c Veggie: Cavatappi w/ Marinara Fresh or Chilled Fruit	Fresh Grilled Beef Hamburger Patty on Whole Grain Bun 1 ea Sweet Hot Baby Peas ¼ c Veggie: Morningstar Garden Burger on Bun Fresh or Chilled Fruit	House Made Creamy Chicken Penne Alfredo ½ c Fresh Tossed Mixed Salad ¼ c w/ Creamy Ranch Dressing Veggie: Penne Alfredo Fresh or Chilled Fruit	BYO Whole Grain Pita Pizza: 2 Pita Rounds, 2 oz Pizza Cheese, 1 oz Pizza Sauce Fresh Green Beans ¼ c Veggie: BYO Pizza Fresh or Chilled Fruit
20	21	22	23	24
Home-Style Turkey Meatballs 3 ea over Creamy Mashed Potatoes ¼ c Hot Cooked Broccoli ¼ c Veggie: Veggie Balls over Rice Fresh or Chilled Fruit	Whole Grain Breaded Chicken Tenders 3 ea; Fresh Cucumber Slices 3 ea w/ Creamy Ranch Dip; Veggie: Morningstar Chik Tenders Fresh or Chilled Fruit	Classic Cheesy Baked Ziti ½ c Capri Blend Vegetables ¼ c Veggie: Cheesy Baked Ziti Fresh or Chilled Fruit	“ Breakfast For Lunch ” Buttermilk Pancakes 2 ea w/ Syrup Turkey Sausage Link 1 ea Veggie: Morningstar Breakfast Patty; Fresh or Chilled Fruit	Four Cheese Ravioli ½ c w/ Marinara Sauce Sweet Yellow Corn ¼ c Veggie: Cheese Ravioli Fresh or Chilled Fruit
27	28	29	30	31
Kid Fav Creamy Mac n' Cheese ½ c Sweet Hot Baby Peas ¼ c Veggie: Mac n' Cheese Fresh or Chilled Fruit	Hawaiian Turkey Meatballs 3 ea over Enriched Whole Grain Rice ¼ c Fresh Green Beans ¼ c Veggie: Hawaiian Veggie Balls over Rice; Fresh or Chilled Fruit	Southern Mini Turkey Corn Dog Nuggets 4 ea Fresh Tossed Mixed Salad ¼ c w/ Creamy Ranch Dressing Veggie: Morningstar Chik Nuggets; Fresh or Chilled Fruit	Sliced Turkey & American Cheese on Whole Grain Sub ½ ea California Blend Vegetables ¼ c Veggie: Double Cheese Sub Fresh or Chilled Fruit	Grilled Chicken & Cheddar Cheese Quesadilla 1 ea Two Way (Carrots & Corn) Mixed Vegetables ¼ c Veggie: Cheese Quesadilla Fresh or Chilled Fruit